

# WALMART PALEO SHOPPING LIST



## BEVERAGE:

- BULLETPROOF COLD BREW
- LACROIX

## MEAT AND FISH:

- APPLGATE NATURALS BEEF HOT DOG
- SAM'S CHOICE WILD-CAUGHT ALASKAN KING SALMON

## HEALTHY FAT:

- KERRYGOLD PURE IRISH BUTTER
- SUNFOOD RAW EXTRA-VIRGIN COCONUT OIL

## VEGGIES:

- GREEN GIANT SPIRALIZED AND RICED VEGGIES

## PANTRY:

- WELLBEE'S SUPER FINE ALMOND FLOUR
- DYNAMIC HEALTH ORGANIC COCONUT VINEGAR
- BETTERBODY FOODS ORGANIC COCONUT FLOUR
- GREAT VALUE ORGANIC UNSWEETENED COCONUT FLAKES
- SIETE GRAIN-FREE TORTILLAS